

General Psychology
Psychology 1H Section ?? CRN ????
Spring 2016
T, Th 10:00 – 11:50 + 1hr Weekly Online Portion
Room: 3304

Ben Stefanik
Office: 3023
Office Hours: **M: 9-10am**
T, Th: 9:00-10:00am
W: 3:30-4:30pm
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REP WEBSITE

<http://stanford-rep.sona-systems.com>

REP CONTACT

research-exp-program@stanford.edu

REQUIRED TEXT

Psychology

Saundra K. Ciccarelli and Noland White
Prentice Hall (3rd Edition)

www.turnitin.com

Class ID: 12402185

Password: foothill

COURSE WEBSITE

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COURSE DESCRIPTION

This course is designed as a gateway to the many different areas of psychology. It is an introductory course, which means just what it says: It will *introduce* you to a number of different ideas, perspectives, ideologies, explanations, theories, methodologies, topics and people in the field of psychology. Because psychology is such a large, multifaceted discipline the time we have to dive deeply into any one particular topic will be limited. This, however, gives the course its most interesting characteristic: From the exposure and study of each facet of the discipline, you will be able to develop a holistic perspective on an entire branch of science. That is, by the end of this course you will gain the knowledge and thinking skills to develop a birds-eye view of what psychology *is*.

Furthermore, although the field of psychology contains a great deal of content, including theories, concepts, terms, researchers, and biological information (and subsequently this class will contain a great deal of content), psychology is also a *process*. We are all, to some degree, armchair psychologists insofar as we all regularly reason, postulate, and generate conclusions about people and their behavior. Psychology, of course is not so casual, rather it's a process of applying the scientific method to questions about behavior, which demands rigor and detailed attention – the beauty of which is descriptive accuracy and the elucidation of the complexities of behavior. Thus, this class will seek to not only increase your knowledge of the field of psychology but to also nurture your ability to approach questions about behavior by using the process of scientific inquiry.

STUDENT LEARNING OUTCOMES

1. To learn and demonstrate mastery over the fundamental concepts from each of the chapter topics covered during the quarter (i.e., to increase your knowledge of the various topics included in the discipline of psychology).
 - a. Identify the reasons why psychology is a science.
 - b. Identify the major theoretical perspectives in psychology.
2. To develop and refine your **critical thinking skills**. To gain the tools (creative thinking, skeptical inquiry and the scientific approach) necessary to learn how to think like a psychologist.

LEARNING OBJECTIVES

1. To develop your metacognitive skills and a metacognitive analytical point of view. I would like you to develop a better understanding of how your own mind operates. I also hope you develop insight into your own behavior and psychological make-up.
2. To develop a compassionate approach to understanding humans and human behavior.
3. To gain an understanding and appreciation of the diversity of the human species and human experiences.
4. To better understand the ways in which the brain influences behavior and the ways in which unconscious brain processes influence aspects of thinking, decision making and emotion.
5. To discover and better understand the complexity of the human psyche.
6. To develop a better understanding of group relations, especially as they relate to society and current events.

IMPORTANT POLICIES

1. Student takes sole responsibility for withdrawal procedures from the course.

2. Make sure that the e-mail you have on file with Foothill College (in the "My Portal" system) is valid and is one which you regularly check. Sometimes I may need to send an e-mail to the entire class and if your e-mail is not accurate, you may not get information that you need.

3. All exams must be completed in class during the regularly scheduled time unless the student has worked out an arrangement prior to the exam date or an arrangement with the DRC.

4. We will seek to foster an inclusive and respectful atmosphere where all opinions, beliefs, attitudes and religious backgrounds are respected. I value diversity and will strive to maintain a classroom environment that is supportive and comfortable for all students. I value the contributions of people from all backgrounds and identities, including (but not limited to) identities related to race/national origin, gender identity, sexual orientation, age, ability status and religious backgrounds. I discourage the use of disrespectful or derogatory language such as, racism, sexism, homophobia, transgenderphobia and religious slandering. I also value the role that free speech plays in society and on college campuses. I respect academic and intellectual disagreements and I invite you to respectfully disagree with me or with any other student in the class. But I discourage the use of explicitly derogatory language.

5. Plagiarism is unacceptable. Evidence of plagiarism on any assignment will result in a score of 0 for that assignment. Even one sentence plagiarized will earn you a score of "0". Plagiarism is defined as:

- To steal and pass off another person's words as your own (even definition of terms)
- To use other people's productions without crediting the source.
- copying a sentence, but only changing 1-2 words
- If you use the exact words from another person's text, you **MUST** quote and cite the text. If you do not, it is plagiarism.

6. You will use www.turnitin.com to submit your written homework

GRADING SCALE

A = 90% and up
B = 80–89%
C = 70–79%
D = 60–69%
F = 59% and below

+’s and –’s will be awarded for borderline final percentages

****You can earn up to 25pts of extra credit**

Source	Points
Quizzes	~75
Exam 1	50
Application Papers (3 @ 30 pts)	90
Final Paper	100
Presentation	50
REP Experience	50
TOTAL	~415

ASSIGNMENTS AND QUIZZES

Application Papers: Rather than stacking this course with long multiple choice tests that focus on foundational knowledge over critical thinking and application, my goal in offering these paper is to provide you the opportunity to process the material in a way that is personally meaningful and inspires critical thinking.

You will submit your paper to turnitin. Also on the day the paper is due you will be required to bring a paper copy to class to participate in the “peer-exchange”, in which you will share your paper with a fellow classmate. To complete the peer-exchange, you will provide a short written statement about what you found interesting in each other’s papers.

Literature Review Paper & Presentation: You will have the opportunity to dive deeply into a topic of your choice for this paper and presentation.

LATE WORK

I will accept late work for written homework assignments up to 48 hours after a deadline. Late work can earn up to 80% of the credit. Late work will be submitted to www.turnitin.com. After 48 hours after a deadline, I will only accept work in the case of documented emergencies. This is final.

REP INFORMATION (SUMMARY)

<ul style="list-style-type: none">• Your Credit Requirements: 5.3• SONA Registration & Demographic Survey (Due: Friday 4/15, 5:00pm) (for 1 Credit)• You <u>must</u> complete a minimum of 2 credits of in-person studies. (You <u>can</u> do more than 2 in person credits)	<ul style="list-style-type: none">• You <u>can</u> complete up to 2 credit worth of online studies. (You <u>cannot</u> complete more than 2 online credits)• Mandatory Exit Survey (starts during last 2 weeks of the course). (for .3 credits)• REP DEADLINE: Friday 6/3, 5:00pm
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<http://campus-map.stanford.edu/>

REP PROGRAM GRADING

REP program (See below for explanation) participation will count for 50 points. You must complete the REP program, OR the alternative assignment. For the REP program you will be required to complete 5.3 “credits” of study participation. If you choose to participate in the REP program, you will need to complete a minimum of 3.3 credits to earn ANY points. If you complete 3.3 credits, you will receive 30 points. After 3.3 credits, each .5 credit will be worth 5 points. You must also complete the exit exam to receive ANY points.

REP CONTACT

research-exp-program@stanford.edu

I do not give extra credit for completing extra REP credits beyond the requirement.

ALTERNATIVE ASSIGNMENT

If you choose the alternative assignment, you will be required to complete a 5 page research paper. The paper will be a summary of two primary source research articles. The paper must include summaries of the thesis, supporting arguments, research methods, and conclusions of two experimental research articles. I will provide a more detailed prompt for the writing assignment if you choose this option.

WWW.TURNITIN.COM

Turnitin looks for plagiarism. It will compare your paper to:

- Previous student papers
- Current and archived internet
- Periodicals, journals, & publications

Class ID: 12402185

Password: foothill

NEW ACCOUNT

If you do not already have a turnitin account, you will need to create a user profile with www.turnitin.com

To create a user profile:

1. Go to www.turnitin.com and click on the "**Create account**" link next to the "Sign In" button
2. Click on the "**student**" link
3. The "**Create a New Turnitin Student Account**" form must be completed to create a new student user account
4. Enter the class ID number and the case sensitive Turnitin class enrollment password
5. Enter the user first name, last name, and a valid e-mail address to use as the login for Turnitin
6. Create a user password. The user password must be between 6-12 characters long and contain at least one letter and one number. Re-enter the password to confirm it
7. Select a secret question from the drop-down menu. Enter the answer for the question. Remember and keep this information. The answer is case and space sensitive
8. Review the user agreement. To continue using Turnitin, click on "**I agree -- create profile**"
9. From the completed user profile creation page, click on "Log in to Turnitin"

EXISTING ACCOUNT

If you already have an Turnitin account

To enroll in a class as an existing user:

1. Log into Turnitin with a student user profile
2. Click on the "enroll in a class" tab on the student homepage
3. Enter the class ID and enrollment password for the new class
4. Click "submit" to enroll in the class and add it to the student user homepage

HOW TO SUBMIT AN ASSIGNMENT

First you must be enrolled in the course (see the instructions above)

Submitting a paper by single file upload:

1. Start by clicking on the class name you would like to submit to after logging in to Turnitin
 2. Click on the Submit button to the right of the assignment name
 3. Select single file upload from the choose a paper submission method: pull down menu
 4. Click the Browse button and select the file to upload. Fill in the submission title field with the paper name
 5. Click upload to upload the file. A status bar will appear displaying the upload progress
 6. Review the preview panel. This is a text only version of the paper being uploaded. Confirm it is the correct version of the file to send
 7. Click the "submit" button
- Warning:** This step must be completed, or the submission is not finished. The paper will not be available to the student or the instructor.

ATTENDANCE POLICY

Attendance will be taken at the beginning of class. Attending class is critical to your success.

In order to avoid an unexcused absence, **you must contact me before class VIA E-MAIL or PHONE**

Important Dates

Dates vary by course, so check your "MyPortal" for important dates for the following:

- Deadline to drop and qualify for a refund
- Deadline to apply for a pass/no pass grade option
- Deadline to drop and receive a W

DISABILITY RESOURCE CENTER

To obtain disability-related accommodations, students must contact Disability Resource Center (DRC) as early as possible in the quarter. To contact DRC, you may:

- www.foothill.edu/drc
- Visit DRC in Room 5400
- Email DRC at adaptivelearningdrc@foothill.edu
- Call DRC at 650-949-7017 to make an appointment

If you already have an accommodation notification from DRC, please contact me privately to discuss your needs.

Student Services

www.foothill.edu → "Student Services"

Excellent Resources Are Available – Take Advantage Of Them!

Money For Books: Visit the **Foothill College Financial Aid Office** to find out if you can get money to pay for your classes, books, supplies and many other expenses. Room 8202, or Ph: (650) 949-7245

**PSYC 1.01H GENERAL PSYCHOLOGY
SPRING 2019 SCHEDULE**

Date	Lecture	Readings	Reading Quiz	Group Quiz	Assignment
1	Themes and Attributions				
1	Research	“Fueling Terror: How Extremists Are Made” “Dying and Killing for One's Group”	Reading Quiz 1	Group Quiz 1	
2	Impression formation, cognitive biases & prejudice	“Oversimplifying Evolutionary Psychology Leaders to Explanatory Gaps”	Reading Quiz 2		Assign final project
2	Ch. 2: Biological Perspective			Group Quiz 2	
3	Ch. 2: Biological Perspective	There are 3 articles to read on brain plasticity and epigenetics	Reading Quiz 3	Brain & Neuron Quiz	
3	Ch. 9 Emotion + Ch. 11 Stress			Group Quiz 3	Application paper due
4	Positive Psychology	“Disclosure of Traumas and Immune Function: Health Implications for Psychotherapy”	Reading Quiz 4		
4	Ch. 5 Learning/Autism	“Dopamine, Smartphones & You: A battle for your time”	Reading Quiz 5	Group Quiz 4	
5	Ch. 6 Memory	Video Lecture: Memory (Posted on Canvas)	Reading Quiz 6		
5	Ch. 8 Developmental			Group Quiz 5	
6	Exam 1 + Application Paper Discussions				Application paper due
6	Ch. 4 Sleep & Dreaming + Work on Research Papers	Video Lecture: Sleep and Dreaming_Parts 2, 3, 4, 5	Reading Quiz 7		
7	Ch. 12 Social Psyc	“The Spotlight Effect in Social Judgment”	Reading Quiz 8		
7	Ch. 12 Social Psyc			Group Quiz 6	
8	Motivated Reasoning & Political Ideologies	“Studies: Conservatives Are From Mars, Liberals Are From Venus”	Reading Quiz 9		
8	Prejudice & Discrimination	“The Rise of American Authoritarianism”	Reading Quiz 10		
9	Ch. 14 Psyc disorders				
9	Ch. 14 Psyc disorders	Chapter 14 Reading		Group Quiz 7	
10	Application Paper Discussion Ch. 10 Sexuality and Gender				Application Paper + Short Answer Questions Due
10	Work Day for Papers and Presentations				
11	Ch. 13 Personality	Defense Mechanisms Reading	Reading Quiz 11		
11	Presentations				
12	Presentations				